

THE CONSCIOUS FARMER



WELCOME

The Conscious Farmer (TCF) consults and coaches on organic, dynamic agriculture and food, based on a conscious lifestyle: 'I am the earth'. Our consultants work worldwide with our home base, the TCF Training Center, located in the Sauerland, Germany. We are an open and independent platform for coaching, training, workshops, information and we offer accommodation. We are happy to keep you informed of our most recent developments.

TCF Training Center



Going out together, taking a break from the usual daily routine, enjoyable and refreshing!

With the motto Break-out, we invite you to come and stay for several days with your family, your friends or club members. And of course you can also come to us for a training or business retreat.

We have everything you need to give a group of up to 30 people an unforgettable stay; with thirty years of experience in organic, dynamic food and lifestyle, we go for sustainability and real quality of life. This will enrich your stay!

We offer a room for plenary sessions, bar and terrace, comfortable rooms, organic quality catering, and a professional kitchen available for your own chef upon request.

And for tailor-made programmes, we are happy to offer advice and support.

A warm welcome!

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TCF Bed & Breakfast



Spring at last, we can be out and about again!

The sun is shining, the greenery is sprouting, delightful to go outside again and enjoy the beautiful nature. Hiking, mountain biking, outdoor family activities, it's all possible in our area.

The MTB ZONE Bikepark is open again with a varied range of trails. Beginners can have fun on easy trails, while advanced and professionals will also find their challenges.

Did you know that lessons in mountain biking are given on a specially laid out course? Those who want to get to know this sport can book a family trial package for two hours.

And if you get the hang of it, there are many fun and easy trails for a family tour in the area.

Willingen has developed the Familiensommer programme.

For a reasonable week's fee, you can choose from lots of great indoor and outdoor activities for the whole family every day. If we book this for you, you get a 25% discount! We will be happy to advise you!

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TCF Consultancy



Our advisors are consulting growers worldwide in the transition to biological crop protection and crop nutrition. Growers that already grow organically we assist to improve their practice.

Since our last newsletter at the end of last year, we have welcomed new customers in Denmark and Mexico. We helped two of them to eradicate a persistent tomato and cucumber virus. The hygiene protocol we developed already supported eleven growers in getting rid of the virus.

We assist other growers in developing a comprehensive annual action plan, with measures to ensure that diseases and pests are prevented and controlled. You can read more about our unique and integrated approach 'teaming up with nature, above and below ground' on the news page of our website.

Finally, an important novelty: we have started a pilot project at the 100% organic Heenat Salma Farm in Qatar. This pilot aims 'to build living soils in a dryland country'; transforming desert dust into living soils. We help the growers make and use biologically active compost, compost tea and boosters. As soon as the first results are known, we will be happy to share them with you!

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Our vision

The Earth is not just a planet, it is also a being that exists within a greater system. We as humanity, are one with the Earth from our beginnings: we are the Earth.

[More about our vision →](#)

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